

Bluegrass Steaks & Everything

MOM'S MEATLOAF

INGREDIENTS

- 2.5 lbs** lean ground beef
- 1** large egg
- 1/3 cup** evaporated milk
- 1/2 cup** Bluegrass Steak Sauce
- 1/4 cup** sour cream
- 1 tbsp** Worcestershire Sauce
- 1/2 cup** chopped onion
- 1** garlic clove, minced
- 1/2 cup** bread crumbs
- 1 tsp** salt
- 1 tbsp** Dijon mustard
- 1/2 tsp** dried oregano
- 1 tsp** course pepper
- 1 tsp** Mrs. Dash seasoning

DIRECTIONS

Preheat oven to 350°.

Combine all ingredients but the meat in a large mixing bowl and mix well. Add the meat.

Put mixture in a shallow non-stick baking pan. Bake for an hour and 15 minutes.

Remove from oven and drain any liquid in loaf pan. Let sit 5 minutes before slicing.



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